

Chiron Retrograde in Aries

Thought Prompts by House

A companion to Harvesting the Wisdom of Your Inner Warrior • September 17, 2026 – January 6, 2027

Find the house where Aries falls in your natal chart, then sit with its prompt below during this retrograde season.

1st House — Self & Identity <i>What old pattern of fighting to be seen is still showing up, even quietly?</i>	2nd House — Resources & Self-Worth <i>What proof-of-worth habit did you think you'd released, that's asking for one more look?</i>
3rd House — Voice & Communication <i>Where do you still brace yourself before speaking, waiting to be doubted?</i>	4th House — Home & Roots <i>What family belief about earning your place still quietly lives in you?</i>
5th House — Creativity & Self-Expression <i>What creative instinct did you silence that's resurfacing for review?</i>	6th House — Daily Life & Service <i>Where has the old habit of over-functioning to earn rest crept back in?</i>
7th House — Partnership <i>What old fear of not being chosen is still shaping how you show up in relationship?</i>	8th House — Intimacy & Trust <i>What piece of armor around vulnerability have you quietly picked back up?</i>
9th House — Beliefs & Meaning <i>What belief are you still defending, out of habit, that no longer needs defending?</i>	10th House — Career & Public Life <i>What old need for recognition is asking for one more honest look before you let it go?</i>
11th House — Community & Belonging <i>Where are you still performing to belong, out of old habit rather than present need?</i>	12th House — Release & the Unseen <i>What invisible battle have you been fighting alone? Are you ready to surrender it?</i>